

## WALKING MEDITATION

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The installation grows from the inner dialogue that occurs while walking in nature. Both the meditative process and the environment encourage a path of thought.

It is this line of thought that evolves out of and moves through the space.

With each step, visible changes in color, pattern, shape, and shadow symbolize subtle changes in thought as the body moves through time and space.

These thoughts are interwoven into the space and left as a record of the journey, evoking a sense of time and change.

